

United College
GEUC1000 College Assemblies for 2024-2025 Term 1
2 September 2024 – 30 November 2024

Theme: 'Traditional X Contemporary' You See 2.0
 主題: 「傳統 X 現代」 You See 2.0

September

<u>Date/Time/Venue/ Language</u>	<u>Topic & detail (Chinese)</u>	<u>Topic & detail (English)</u>
<p>13/9/2024 Fri 11:30am-1:00pm</p> <p>邵逸夫堂 SRRSH 及 and 潤昌堂 LHC</p> <p>粵語進行，另有英語傳譯 Conducted in Cantonese with English simultaneous interpretation</p>	<p>I. 簽署《學生生活約章》</p> <p>-----</p> <p>II. 學生會及六舍堂學生組織介紹</p> <p>-----</p> <p>撮要: 先介紹及簽署生活約章，讓同學能在未來一年有明確目標、充實地享受大學生活，然後由學生會及六舍堂的學生介紹及分享書院生活。</p>	<p>I. "Student Life Charter" Signing</p> <p>-----</p> <p>II. Introduction of Student Union, 6 Hostels / Non-Residential Halls' Student Societies</p> <p>-----</p> <p>Summary: Introduce and sign the "Student Life Charter" with participants to encourage them to establish goals and to enrich University experiences; Student Union, 6 Hostels/Non-Residential Halls' Student Societies will share their college life and experience.</p>
<p>30/9/2024 Mon 4:30pm-6:00pm</p> <p>邵逸夫堂 SRRSH</p> <p>英語及粵語進行，粵語部份 另有英語傳譯 Conducted in English and Cantonese, with English simultaneous interpretation for Cantonese parts</p>	<p>多元共融講座</p> <p>嘉賓講者: 香港棟篤笑藝人維韋克·馬布巴尼 (阿 V)</p> <p>-----</p> <p>撮要: 阿 V 將透過分享個人生活故事以傳遞多元共融的訊息，藉此鼓勵學生擁抱更多元化的全球視野。</p>	<p>Diversity and Inclusion Talk</p> <p>Guest Speaker: Mr Vivek Mahbubani (Ah V), Hong Kong Stand-up Comedian</p> <p>-----</p> <p>Summary: Ah V will share messages about diversity and inclusion through his personal life stories to encourage students to embrace a more diverse and global perspective.</p>

October

<u>Date/Time/Venue/ Language</u>	<u>Topic & detail (Chinese)</u>	<u>Topic & detail (English)</u>
<p>4/10/2024 Fri 11:30am-1:00pm</p> <p>邵逸夫堂 SRRSH 及 and 潤昌堂 LHC</p> <p>普通話進行，另有英語傳譯 Conducted in Putonghua with English simultaneous interpretation</p>	<p>金耀基教授文化藝術講座</p> <p>嘉賓講者: 金耀基教授</p>	<p>Art & Cultures Seminar Delivered by Professor Ambrose King</p> <p>Guest Speaker: Prof King Y C Ambrose</p>
<p>8/10/2024 Tue 7:00pm - 9:30pm</p> <p>邵逸夫堂 SRRSH</p> <p>粵語進行， 電影另有英語字幕，分享部 份有英語傳譯 Conducted in Cantonese with English movie subtitles & simultaneous interpretation</p>	<p>《填詞 L》電影欣賞及導演分享</p> <p>嘉賓講者: 校友黃綺琳女士</p> <p>-----</p> <p>撮要: 與《填詞 L》導演及編劇黃綺琳 女士一同欣賞這部第 20 屆香港亞洲電 影節的閉幕電影，並在欣賞電影後與 黃導演交流，親身聽聽黃導演創作的 心路歷程。</p>	<p>'The Lyricist Wannabe' Movie Appreciation & Sharing by the Director</p> <p>Guest Speaker: Ms Wong Norris, Alumna of United College</p> <p>-----</p> <p>Summary: Watch movie <i>The Lyricist Wannabe</i> with its Director, Ms Norris Wong, and learn her dream chasing path and thoughts behind in the first person.</p>
<p>18/10/2024 Fri 11:30am-1:00pm</p> <p>邵逸夫堂 SRRSH 及 and 潤昌堂 LHC</p> <p>粵語進行，另有英語傳譯 Conducted in Cantonese with English simultaneous interpretation</p>	<p>書院六十八周年院慶</p> <p>主禮嘉賓:</p> <p>聯合書院校董會主席殷巧兒女士</p> <p>第四十屆香港電影金像獎終身成就獎 得獎人許冠文先生</p> <p>聯合書院院長王香生教授</p> <p>-----</p> <p>撮要：由聯合書院校董會主席殷巧兒 女士及傑出校友許冠文先生主禮書院 六十八週年的慶祝活動。</p>	<p>68th College Anniversary</p> <p>Officiating Guests:</p> <p>Ms Yan H Y Lina, MH, JP, Chairman of the College Board of Trustees</p> <p>Mr Hui Koon Man Michael, JP, the 40th Hong Kong Film Awards Lifetime Achievement Awardee</p> <p>Professor Wong H S Stephen, Head of United College</p> <p>-----</p> <p>Summary: With Ms Yan H Y Lina, MH, JP, Chairman of the College Board of Trustees, and Mr Michael Hui, Distinguished Alumnus, officiating the celebration of the 68th Anniversary of the University College.</p>
<p>25/10/2024 Fri 11:30am-1:00pm</p> <p>聯合書院張煊昌體育館 Thomas H C Cheung Gymnasium United College</p> <p>粵語及普通話進行 Conducted in Cantonese & Putonghua</p>	<p>自衛術工作坊</p> <p>導師: 中大體育運動科學系梅雪瑩博士</p> <p>協助: 香港武術散打隊</p> <p>-----</p> <p>撮要: 介紹自衛術的簡單理論、向同學 示範如何運用防身自衛技巧保護自身 安全及令自己安全離開危險現場。</p>	<p>Self-defense Workshop</p> <p>Instructors: Dr Mui S Y Rosetta, SPE</p> <p>Assistants: Sanda Team, Hong Kong Wushu Team</p> <p>-----</p> <p>Summary: Introduce the simple theory of self- defense and demonstrate to students how to use self-defense techniques to protect their own safety and to leave a dangerous place.</p>

November

<u>Date/Time/Venue/ Language</u>	<u>Topic & detail (Chinese)</u>	<u>Topic & detail (English)</u>
<p>1/11/2024 Fri 11:30am-1:00pm</p> <p>聯合書院鄭棟材樓地下 C1, C2, C3 C1, C2, C3, G/F T C Cheng Building United College</p> <p>粵語進行 Conducted in Cantonese</p>	<p>I. 聯合書院權智社創及可持續發展獎 2023-24 - 得獎項目分享會</p> <p>三個獲獎隊伍: 1. 稻築 RiceFort 2. KongPaper 3. Eat Healthily Live Wholesomely</p> <p>-----</p> <p>II. 社企創辦人短講</p>	<p>I. Sharing by Awarded Teams of GSSA Competition 2023-24</p> <p>Three awarded teams: 1. RiceFort 2. KongPaper 3. Eat Healthily Live Wholesomely</p> <p>-----</p> <p>II. Short Chat with Young Entrepreneur</p>
<p>25/11/2024 Mon 4:30pm-6:00pm</p> <p>邵逸夫堂 SRRSH</p> <p>粵語進行，另有英語傳譯 Conducted in Cantonese with English simultaneous interpretation</p>	<p>粵劇戲曲欣賞 - 金玉緣</p> <p>嘉賓講者: 天馬菁莪粵劇團文華女士</p> <p>-----</p> <p>撮要: 文華女士是著名的粵劇演員及導師。她致力推廣粵劇文化，並將透過天馬劇團演出之《金玉緣》劇目，向各位同學展示粵劇的「美」和欣賞技巧。</p>	<p>Cantonese Opera Appreciation</p> <p>Guest Speaker: Ms Man Wah, Tin Ma Music and Opera Association Ltd.</p> <p>-----</p> <p>Summary: Ms. Man Wah will demonstrate the 'beauty' and appreciation skills of Cantonese opera through the play - 'Romance of Gold and Jade' performed by Tin Ma Music and Opera Association Ltd.</p>
<p>28/11/2024 Thu 4:30pm-6:00pm</p> <p>邵逸夫堂 SRRSH</p> <p>粵語進行，另有英語傳譯 Conducted in Cantonese with English simultaneous interpretation</p>	<p>身心靈健康講座</p> <p>嘉賓講者: 校友林詩詠 (細 C)</p> <p>講題: 學生時期，有所為有所不為——尋找自己的 IKIGAI: 如何轉化弱勢成優勢，建立社企助人助己</p> <p>-----</p> <p>撮要: 透過分享在學及創辦社企的個人經歷，分享 IKIGAI 的概念，引導同學覺察自我優弱勢，開拓視野。繼而思考如何善用在學時間，在興趣與使命的交集中，找到自身獨特價值，創造可能。</p>	<p>Mental Wellness Talk</p> <p>Guest Speaker: Miss Lam W S Cassie</p> <p>Topic: The Art of Self-Discovery: Exploring Your IKIGAI and Transforming Weaknesses into Strengths</p> <p>-----</p> <p>Summary: By sharing insights from studying and establishing social enterprises, IKIGAI is introduced, empowering students to identify their strengths and weaknesses while fostering opportunities for growth throughout their educational journey.</p>

<p>28/11/2024 Thu 6:30pm-9:30pm</p> <p>張祝珊師生康樂大樓三樓聯合書院教職員會所文怡閣 3/F Cheung Chuk Shan Amenities Building UC Staff Common Room</p> <p>粵語進行 Conducted in Cantonese</p>	<p>「聯合書院校友講座」系列 - 第 31 講</p> <p>嘉賓講者: 職業訓練局高峰進修學院院長蘇偉文教授 BBS, JP (88/財務)</p> <p>講題: 公共知識分子在香港的轉變: 我的反思</p> <p>*服飾要求: 商務套裝 (不建議穿著的服飾: 藍色牛仔褲、T 恤、運動套裝、背心、短褲、工人褲、運動鞋及拖鞋)</p>	<p>Alumni Talk Series – 31st Talk</p> <p>Guest Speaker: Professor So Wai Man Raymond, BBS, JP, Principal of the School for Higher and Professional Education, Vocational Training Council (88/FIN)</p> <p>Topic: Change of Public Intellectual in Hong Kong: My Reflection</p> <p>*Dress Code: Business Attire (Unacceptable Clothing: Blue denim jeans, T shirts, tracksuits, singlets, shorts, overalls, shoes for sports activities and flip flops)</p>
<p>29/11/2024 Fri 11:30am-1:00pm</p> <p>邵逸夫堂 SRRSH 及 and 潤昌堂 LHC</p> <p>粵語進行，另有英語傳譯 Conducted in Cantonese with English simultaneous interpretation</p>	<p>邁進地球村系列交流活動學生分享及 William Fellows 分享</p>	<p>Sharing by GOAL Programme Participants & William Fellows</p>